

Online Therapy Strategies for Speech

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eLuma
online therapy

What NOW?!

Nervous? Excited? Confused? Overwhelmed?

All of the above!?!?

Congratulations, you are joining the Amazing World of Online Speech Therapy where the possibilities are endless!

You got this!



Learning Objectives:

- ▶ Technology Tips and Tricks
- ▶ Proactive Communication and Managing Behaviors
- ▶ Building Successful Lesson Plans For Speech Therapy with Physical and Digital Resources

Technology: What Do You Need?

Clinician

- Computer
- Internet
- Webcam
- Headset
- Document Camera-optional
- iPad/Tablet/Phone-optional

Student

- Computer
- Internet
- Webcam
- Headset
- External Mouse-optional



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Therapy Space

- Desk: large enough for your materials
- Chair: comfortable and adjustable
- Quiet and Private
- Lighting: window or lamp placement
- Camera: adjusted to see the entire face
- Headset: comfortable and the correct size
- Make it a Space That Makes You Feel Happy
- Take Care of Your Yourself
 - Stand Up Frequently
 - Yoga Stretches
 - Schedule Breaks

Technology Pre-Check

Schedule a technology pre-check BEFORE the first therapy session.

- Basic Troubleshooting
- Camera
- Microphone & Speakers
- Therapy Space Check

Communication

More is always better than too little or just enough

- Proactive & Clear
- Regular Contact
 - Phone, Email, Text, in the online classroom
- Set Expectations & Boundaries
 - Set Up Office Hours
- Send Reminders
- Listen & Answer Questions
- Acknowledge Concerns & Worries

Behavior Management

Set Expectations Up Front

- Continue Plans Already in Place
- Use Visual Schedules
- Set “Classroom Rules”
- Use Reinforcers
- Reward Systems
- Involve Parents
- You can still have great rapport
- Pleasant Surprise
 - You may see improved attention and decreased behaviors with online sessions



LESSON
PLANS

Building Lesson Plans & Resources

Online Lesson Plans

- Stay Calm!
- You already know what to do!
- Be Prepared
- Practice, Practice, Practice
- Follow the Goals
- Create Themes
- Use Curriculum
- Create a Library of Activities
- Utilize Shareable Folders
- Create/Use Folders based on Topic

Lesson Plan & Session Structure

- Greeting & Review Classroom Rules
- Present Activities
- Provide Feedback
- Modify Presentation of Materials & Cueing
- Document
- Over Exaggerate Non-Verbals
- Be More Animated
- Use the first session as a “Getting to Know” Session
 - Tour of the Online Classroom
 - Practice Using Tools
- Have Fun!

Resources & Materials

Physical Materials

Materials that can be physically touched and manipulated.

Digital Materials

Electronic media and materials that have been digitalized for use on computers, tablets, devices.



Physical Materials

Yes! You can still use physical materials

- Flashcards
- Toys
- Manipulatives
- Books
- Barrier Games
- Puppets
- Games: charades, iSpy
- Art Projects
- Use What Students Have in Their Homes



Presentation of Physical Materials

- Have all of your materials within arms reach
 - Stay in the camera frame
- Size
 - Fit into the camera frame
 - No larger than your head
- Placement on the Screen
 - Beside your face to maintain eye contact
 - Don't cover your face
- Zoom In
 - Move Towards the Camera
 - Utilize a Document Camera
- Mirror materials that you and the student have
 - My turn, your turn, let's do it together

Digital Materials

The Options are Endless!

- Digital Books
- Websites
- Teachers Pay Teachers
- Boom Cards
- Online Games
- White Boards
- Blank Documents
- Create Interactive Worksheets
 - Annotation Tools and Programs
- Facebook Communities



Presentation of Digital Materials

- Have all of your materials open
 - Desktop or Browser Window
 - Create links in a document to cue materials to save on internet bandwidth
- Size
 - Adjust the size to be easily viewed
 - Center on the screen
- Screen Sharing
 - Look for a platform that allows you to see the student and the student to see you
- Slow Presentation
 - Move Slowly and Smoothly Between Pages
- Know how to easily access the annotation and drawing tools
- Know how to regain access of the screen control when giving remote access to students
 - Hot Keys
 - Verbal Cues

Where Are They??

Digital Resources:

- Google Searches
- Facebook Groups
- Companies
- Speech Blogs
- Youtube
- Pinterest
- State Associations
- ASHA
- Collaborate with Colleagues



*eLuma does not endorse or gain financial compensation for any of the resources listed.

Where to Find Resources

SPEECH WEBSITES

- [Thespeechexpress.com](https://thespeechexpress.com)
- [UltimateSLP.com](https://ultimateSLP.com)
- [Mommmyspeechtherapy.com](https://mommmyspeechtherapy.com)
- [Speechbuddy.com](https://speechbuddy.com)
- [Speechandlanguagekids.com](https://speechandlanguagekids.com)
- [SLP Toolkit](#)
- [SLP Summit](#)
- [Teachers Pay Teachers](#)
- [Linguisystems](#)
- [Super Duper](#)

BOOKS & READING

- [Epic Books](#)
- [ReadWorks.com](https://readworks.com)
- [Storylineonline.net](https://storylineonline.net)
- [Vooks.com](https://vooks.com)
- [Local Library](#)

GAMES

- [Poki.com](https://poki.com)
- [C4arena.com](https://c4arena.com)
- [Puzzleplayground.com](https://puzzleplayground.com)
- [Playingcards.io](https://playingcards.io)
- [Disneyjunior.disney.com.au/games](https://disneyjunior.disney.com.au/games)
- [Jigsawplanet.com](https://jigsawplanet.com) - puzzles
- [Switchzoo.com](https://switchzoo.com)
- [Marvelhq.com](https://marvelhq.com)

Resources Continued

ACADEMIC

- STAR Autism Media Center
- Storylineonline.net (great read alouds)
- PBS Kids
- Sesame Street
- Khanacademy.org - Math
- Code.org/learn - Coding
- Almanac.com/kids - All subjects
- National Geographic Kids
- Starfall.com - Math/ELA
- Thekidzpage.com - Variety
- Kids.scholastic.com/kids/home - Variety
- Funbrain.com - Variety
- Nickjr.com - Variety
- Timeforkids.com - Variety

SOCIAL/EMOTIONAL

- Socialexpress.com
- Centervention.com



“ And will you
succeed? Yes
indeed, yes indeed!,
Ninety-eight and
three-quarters
percent
guaranteed!”

Dr. Seuss